

## Golf works toward regionals

By Cameron Siefkes  
Staff reporter

With regionals right around the corner, the men's and women's golf teams had a few tournaments to get out of the way before they could begin preparing for their biggest tournaments of the season.

The last competition for the men's team before regionals was the Men's Golf Conference Championship this past Monday and Tuesday in Garden City at the Buffalo Dunes Golf Course. Scores were unavailable at press time.

The women's golf team competed in the Pirate Invitational on April 14 and 15 in Parkville, Mo., at the National Golf Course. The tournament was hosted by Park University.

Leading the way for the Lady Builders was Rachael Locke, business senior. She took second out of 81 golfers with 81-82-163. Blair Koehn, business junior, finished third with 81-86-167.

Kenna Corley, digital arts junior, placed 30th with 92-97-189. Kaydee Johnson, business freshman, finished 43rd with 99-96-195.

Amy Kellner, graduate student, placed 54th with 106-95-201. The team finished second behind Rockhurst University.

Koehn said, "I felt that the team played better at Park's tournament, but we still have some room for improvement before regionals."

The final tournament of the season for both teams will be the Men's and Women's Golf Regional Championship on April 28 and 29 in Bonner Springs at the Sunflower Hills Golf Course.

This tournament will determine the fate for the teams' seasons.

See Golf, page 6—

# Track prepares for SC Relays



Jess Eberle, biology junior, runs the men's distance medly relay during the KU Relays. The meet took place last Friday in Lawrence.

Sarah Morton/Collegian photographer

**Women at Tabor**  
100 meter dash—Nique Wallace, 12.67, Ashley Robinson, 12.82, Valarie Hart, 13.03  
400 meter LH—Kari Roth, 66.21, Nicole Shidler, 70.77  
800 meter run—Ame Walter, 3000 meter steeplechase—Ame Walter, 15:25.35  
4x100 meter relay—Nique Wallace, Valarie Hart, Kari Roth, Ashley Robinson, 49.22  
High Jump—Kari Roth, 5-2  
Discus—Lacey Hibbs, 118-2, Kelli Bunnel, 99-4  
Hammer—Kelli Bunnel, 109-4

**Men at Tabor**  
100 meter dash—Bryant Andrews, 10.85, Charles Wells, 10.96, Wayne Trimmell, 11.12, Deleon Freeman, 11.70, Kyle Larsen, FS  
200 meter dash—Cody Annis, 22.22, Kyle Larsen, 22.72, Jeremiah Roberts, 24.12  
400 meter run—Cody Annis, 49.29, Cedrick Riley, 50.48, Jeremiah Roberts, 53.13  
800 meter run—Tanner Weeast, 2:26.40  
1500 meter run—Tanner Weeast, 5:02.70, Chase Kuchera, 5:04.46  
3000 meter steeplechase—Jordy Train, 11:30.58  
5000 meter run—Chase Kuchera, 17:37.25, Jordy Train, 18:34.45  
10,000 meter run—Kyle Luttgarm, 38:10.54  
Long Jump—Cordairo Hansen, 19-11 3/4, Colby Seagraves, 19-6 1/4

Pole Vault—Cordairo Hansen, 13-6

Shot Put—Dustin Gorden, 43-8, Brandon Jackson, 38-2, Josh Plummer, 29-9

Discus—Dustin Gorden, 140-2, Josh Plummer, 116-0, Nathan Morrison, 110-5, Darrell Wilson, 101, Andrew McGee, 90-1

Hammer—Brandon Jackson, 132-4, Nathan Morrison, 127-10, Andrew McGee, 125-3, Darrell Wilson, 122-5

Javelin—Alex Hutchins, 167-0, Colby Seagraves, 149-9, Darrell Wilson, 132-11

**Women at KU**  
100 meter dash—Ashley Robinson, 12.90, Nique Wallace, 13.07  
400 meter LH—Kari Roth, 66.93, Nicole Shidler, 71.04

800 meter run (Unseeded)—Jordan Unruh, 2:33.51, Courtney Ross, 2:34.18

1500 meter run (Unseeded)—Amy Pierson, 5:03.97, Brae Johnson, 5:08.83, Alyssa Carter, 5:14.63

3000 meter steeplechase—Ericka Franklin, 11:21.15

5000 meter run—Audry Anderson, 18:12.77

10,000 meter run—Kate Topham, 40:18.16

4x100 meter relay—Nique Wallace, Valarie Hart, Kari Roth, Ashley Robinson, 50.44

Sprint medley relay (Meters)—Nique Wallace, Ashley Robinson, Kari Roth, Jordan Unruh, 4:28.22

2 mile relay (Yards)—Audry Anderson, Amy Pierson, Brae Johnson, Ericka Franklin, 9:42.76

4x400 meter relay—Amy Pierson, Kari Roth, Nicole Shidler, Jordan Unruh, 4:09.55

Triple Jump—Sarah Morton, 36-0 1/4, Paige Carswell, 33-4 1/2

**Men at KU**

100 meter run—Charles Wells, 10.95, Davion Mitchell, 11.22

800 meter run (Unseeded)—Aric Cherry, 1:54.60, Bryce Johnson, 1:59.66, Tanner McNinch, 2:08.92

1500 meter run (Unseeded)—Daniel Joiner, 4:07.75, Jimmy Bryant, 4:17.15

3000 meter steeplechase (Unseeded)—Jess Eberle, 10:24.31, Zack Conroy, 10:37.14

10,000 meter run—Andrew Topham, 31:38.47

4x100 meter relay—Charles Wells, Davion Mitchell, Cody Annis, Bryant Andrews, DNR-Final

4x200 meter relay—Davion Mitchell, Wayne Trimmell, Kyle Larsen, Bryant Andrews, 1:29.53

Sprint medley relay (meters)—Charles Wells, Cody Annis, Cedrick Riley, Zack Conroy, 3:42.39

2 mile relay (Yards)—Bryce Johnson, Jimmy Bryant, Daniel Joiner, Aric Cherry, 7:49.45

Distance medley relay (Yards)—Jimmy Bryant, Cedrick Riley, Daniel Joiner, Jess Eberle, 10:43.58

4x400 meter relay—Cedrick Riley, Aric Cherry, Bryce Johnson, Cody Annis, 3:21.69

Triple jump—Brandon Hessing, NM

## Team competes at two track meets last week

By Korie Hawkins  
Staff reporter

The track team has been preparing for the SC Relays that will be April 26.

Last week the track team participated at a meet Wednesday at Tabor, which was a partial meet, and Thursday through Saturday at KU.

Jim Helmer, head men's track coach, said, "At least one person in each event we were entered in had a personal best, and even without several of our better athletes we finished well in the team standings."

Bryant Andrews, business management senior, and Charles Wells, sports management junior, finished first and second in the 100 meter dash.

Andrews said, "I felt the meet was great. It was a platform to prepare the team for the meet at KU, which is the meet I felt would test us. We knew Tabor

wasn't going to challenge us much but we have to prepare mentally and that is something that you can't do in practice."

Cody Annis, business administration senior, finished second with a personal best in his first 200 meter dash. It was his first time running the event this season and he also finished first in the 400 meter run.

Kyle Larsen, education freshman, tied his personal best and finished fifth in the 200 meter dash.

Dustin Gorden, biology sophomore, finished fifth in the shot put with a personal best, and then had his second best throw in the discus to finish seventh.

The women's 4x1 improved its seasonal best and qualified for provisional's.

Lacey Hibbs, elementary education freshman, had a career best in the discus.

Mike Kirkland, head women's track coach, said, "There

was good solid performance from the 100 meter girls."

The team had a meet the following day at KU.

For the men, Helmer said, "Despite rain on Thursday and very cold, windy conditions Friday, overall our men's team had an excellent KU Relays with a number of outstanding performances. NCAA Division I, II, III, NAIA and junior colleges all compete together in the same division, so for our athletes to place in any event and finish as high as we did in several events are a great accomplishment."

Dan Joiner, secondary education senior, ran a personal best time of 4:07.75 in the 400 meter run.

Running his first collegiate 10,000 meter run, Andrew Topham, biology freshman, made it a memorable one.

Helmer said, "Overall we're in a position that if we get some good weather the team is ready

to step it up and ready to have some great performances."

Amy Pierson, nursing freshman, and Alyssa Carter, psychology sophomore, both had a career best in the 1500 run.

Ericka Franklin, biology junior, placed fourth in the steeplechase. She has the second fastest time at Southwestern.

Audry Anderson, psychology senior, had a 30 second career best in the 5000 meter run. She is a provisional qualifier.

The women's 4x400 relay hit a seasonal best and improved by three seconds.

Kate Topham, biology junior, improved in the 10,000 meter run by four minutes and placed a career best.

The 2 mile relay hit their fastest time all year with a time of 9:42.76.

Korie Hawkins is a freshman majoring in journalism. You may e-mail her at korie.hawkins@sckans.edu.

The 4x200 relay ran the eighth fastest time in school history.

The 4x400 relay had the second fastest time of the year and missed the finals by less than a second.

The 2-mile relay ran the fifth fastest time in school history and got the automatic national qualifying mark.

Kirkland said, "Overall we're in a position that if we get some good weather the team is ready

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## Teeball nights provide fun memories for today's athletes



Anthony Cook

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Every era of your life is going to be different.

It goes without saying that a person grows as they change and change as they grow.

But we always seem to want to be some place in the past.

This past weekend I strode past a few youngsters who looked to be in the 10- to 12-year-old range. They were kicking a soccer ball around, and I doubt they could have found a reason to be happier.

That's not really much younger from where I am. A decade passes faster than you would imagine, in that instant it seemed more like a decade times 20.

I'd had trouble coming up with a topic for the week until that instant.

It was fitting that they made me think of an idea, for they represented what I had forgotten about. They represented the fun of sports.

By the time I got to high school I had forgotten what T-ball had taught me. I was worried about missing a free throw or missing a block. If I did either of the two I would scold myself afterwards.

In the classic T-ball nights I'd had years before, I didn't care if I swung for the fences or swung and got air. It didn't matter because I got to have a snow cone with the rest of the team after the game. I'd have on my stirrups, cleats, and hat and I'd beg my mom to let me stay a few more minutes to

talk to the guys before we had to go. By that time my hands were covered with syrup, and I needed a napkin in a bad way, but I didn't care about that. I didn't even care that my glove had long been misplaced. I was having fun.

Some things didn't change when I got to high school. I was always playing for women. It was the type of women I was playing for who changed. In high school, I never had the nerve to look into the stands, but I never could seem to rid myself of whatever girl had caught my eye that week, a fact that my oldest brother always scolded me for because he wanted me to pay attention to the task at hand. Maybe he had gone down a similar path?

But whoever the girl happened to be, she made me want to do what it took to look impressive. The same can be said about my younger days. I'd always wanted to please a lady in the

stands. At that point though, it was my own mother. A 10-year-old kid thought the best he could do by his mom was make the play. For that matter, anyone I called family in the stands was enough motivation for me to do well on the court. It was fun to play for them.

Post 16 or so, I started to misunderstand my coaches. Every one of them seemed to be talking nonsense. They didn't know what was good for me and didn't give me enough freedom. That was a far cry from the days when coaches were part of the reason you played the game. They were role models to me. Surely that had nothing to do with the fact I didn't develop my stubbornness until around the same age I stopped liking my coaches.

Before the stubbornness stepped into play, I'd just listen to what the ol' ball

coach had to say. I didn't show my slightly-below-average maturity and think I was right all along.

Back then I was just letting the coach coach. I was having fun.

I did a lot of things differently when I was younger. I guess the way I thought of sports was just a small part of a big picture, but maybe they are where the problem starts.

And maybe we can use them as case in point for the turns that come in life.

Sometimes I punch walls because I can't find a shirt I want to wear. The little things don't seem so small anymore, but if you can remember the way that snow cone made you feel after a day's work, your perspective might be a better place.

Don't forget those memories. They should outlast the sugar rush they gave you.

That was back when you had fun.

Sports Column